



Sign up for important updates from Mrs. C. Phelps.

Get information for Smithfield High School right on your phone—not on handouts.

Pick a way to receive messages for SHS Counseling Office:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/mrscphelps

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



B If you don't have a smartphone, get text notifications.

Text the message @mrscphelps to the number 81010.

If you're having trouble with 81010, try texting @mrscphelps to (757) 250-4016.

** Standard text message rates apply.*



Don't have a mobile phone? Go to rmd.at/mrscphelps on a desktop computer to sign up for email notifications.